

Friday 20th November 2020

Lead us not into temptation but deliver us from the evil one



"In this world you will have trouble. But take heart! I have overcome the world." Jesus words in John 16:33

Today we acknowledge the pain of our own situation, and of the current national and global situation. But as we reflect on Jesus' words above, we ask for his help. "I lift up my eyes to the hills - where does my help come from? My help comes from the Lord, the Maker of heaven and earth." Ps 121:1-2

Take time to read slowly through Ephesians 6:10 - 18.



In the NIV, the word STAND is used 4 times between verse 10 and 14.

We pray for God's strength to help us stand in these uncertain days.

Today we focus our prayers particularly on those who, in their work are confronted day in, day out with pain and sadness. We thank God for - NHS staff, police, paramedics, GPs and district nurses, Domestic Abuse services, Social Services, Care Home staff, drug and alcohol services, and others in similar fields.

At a time when all these agencies are stretched to the limit, we pray:

- For their safety, particularly during this pandemic
- For strength and good health, both physical and mental
- For hope and a sense of being supported
- For good decision making in each situation, and from those who manage
- For times of rest and good refreshing sleep
- For their families who love them and are concerned for their wellbeing
- For right reward and appreciation

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which passes all understanding, will guard your hearts and your minds in Christ Jesus."
Philippians 4:6-7



"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit." Romans 15:13

"Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with you." 2 Thessalonians 3:16

