

## Prayer Guide

### EBA Prayer Focus: Mundesley Baptist Church, Norfolk

On the north Norfolk coast, near the busy town of Cromer, is the seaside village of Mundesley which is home to the fellowship at Mundesley Free Church. Normally, the church is a bustling hive of activity reaching out to the community. Since lockdown, the building may be quieter but, that does not mean the church is not active. Initially running services on Zoom, the fellowship started to gather "in person" since Easter.

Please pray for Mundesley Free Church, especially

- \* As the church resumes its search for a new pastor
- \* For the groups, as they look to re-start
- \* For helpers to support the children and youth work

### Walton Parish Nursing

- Please continue to pray for Lorna, John and the volunteers, trustees and management team.
- Pray that plans to re-open the Chair Based exercises will go smoothly.

### Town Pastors

A few weeks ago we prayed for Felixstowe Town Pastors who took part in Festival Pastors at the Latitude Festival. They report that they were able to assist over 800 people during the event in Suffolk and want to thank those who prayed for their work. Please also pray for FTP as they look to resume patrols next month and as they look for a new paid Coordinator and for volunteers to be town pastors and for new prayer team. The hours will be changing too probably between 6-30pm and 11-30pm on Saturdays. There is a larger account on the CTF website.

### MRBC

- Continue to pray that the repairs to the ceiling may be expedited rapidly.
- Pray for those in the fellowship who are unwell at present.

### Afghanistan & Haiti

Please see separate sheet for material we shall be praying through this morning.

### September Birthdays

3<sup>rd</sup> Susanna S, 4<sup>th</sup> Ingrid F, 8<sup>th</sup> Maurice B, 12<sup>th</sup> Marion U, 13<sup>th</sup> Steve L, 20<sup>th</sup> Jayden S, 24<sup>th</sup> Sandra S, 25<sup>th</sup> David B.

### Church Contacts

<b>Pastor</b>	Mark Reid	01394 822173	pastor@mrbcfelixstowe.org.uk
<b>Church Secretary</b>	Corinne Stockdale		secretary@mrbcfelixstowe.org.uk
<b>Weekly Prayer Update</b>	Steve Lineham		prayer@mrbcfelixstowe.org.uk
<b>Weekly Sheet</b>	Lisa Ransom		notices@mrbcfelixstowe.org.uk

mrbcfelixstowe

Welcome to Maidstone Road Baptist Church

Sunday 22<sup>nd</sup> August 2021

**The Sunday Service**

Leader: Mark Reid and Speaker: Graeme Ross

This week	
Sunday 22 <sup>nd</sup> August	10.30am <b>Sunday Morning Service</b> - Live at Maidstone Road <b>Speaker</b> – Graeme Ross, Regional Minister
Monday 23 <sup>rd</sup> August	
Tuesday 24 <sup>th</sup> August	
Wednesday 25 <sup>th</sup> August	10.00am - 11.00am <b>Online Coffee Morning</b> via Zoom – FINAL SESSION Come and go as you please. Please contact us if you need log-on details.
Thursday 26 <sup>th</sup> August	
Friday 27 <sup>th</sup> August	
Saturday 28 <sup>th</sup> August	
Sunday 29 <sup>th</sup> August	10.30am <b>Sunday Morning Service</b> - Live at Maidstone Road <b>Speaker:</b> Mark Reid



*Graeme will be sharing from John 21 during the service and we shall also be praying for Afghanistan and Haiti*

Got a notice for the Sheet?

Fellowship prayer requests go to Steve by Friday morning  
For the next 2 weeks notices for the weekly sheet to Mark R by Friday evening.

**Church Website:**  
[mrbcfelixstowe.org.uk](http://mrbcfelixstowe.org.uk)

## UPCOMING EVENTS

### Regular Activities

Because of the constraints placed on us by the Coronavirus pandemic, the only Church activities running at present are those listed in the Weekly Sheet

#### Sunday Activities for children

We are reviewing what children's activities we could provide from September onwards, as we have very few adults able to help at the moment. If you would like to help with children's activities, either on a Sunday or perhaps as a once a month special on a different day, please let Mick Warner know. In the meantime, colouring pages and puzzles are available for children during the service at the front of the church.

#### COFFE, TEA & CHAT

With the re-start of regular activities and dwindling numbers, our Wednesday social Zoom chat this week will be our last.

#### Friday Evening Group Notice

Changing to **Felixstowe Afternoon Group**

We will re- start meeting in September on the 1st and 3rd Fridays at 1.30p.m

#### Old Felixstowe Daytime Group

We are having a break over the summer.

We will re-start meeting in September on the 1st and 3rd Wednesdays.

## REGULAR STUFF

**Leadership Team** – usually monthly first Tuesday.

Next Meeting – **Tuesday 7<sup>th</sup> September** at 7.30pm (At Church)

**Church Meeting** – usually bi-monthly third Tuesday.

Next meeting - **Tuesday 21<sup>st</sup> September** at 7.30pm. (At Church).

**Prayer Meeting** – monthly on first Saturday

Next Meeting – **4<sup>th</sup> September at 9.30am** (At Church)

#### Prayer Meeting

The next will be on **Saturday 4<sup>th</sup> September at 9.30am** at the Church.

#### Resumption of Face to Face Services

We shall be meeting in the main church. However, with Covid still raging we are going to retain the following health measures:

##### SANITISE HANDS

We ask you to use hand sanitiser as you enter the building.

##### USE A MASK

We ask you to use a mask indoors particularly when standing, but feel free to take it off when sitting down. We are allowed to sing.

##### MAKE SPACE

Our seating is still spaced out in the church. There is still a need for distancing, so bear this in mind particularly standing around and circulating after the service.

##### MAKE THE MOST OF FRESH AIR

All the windows will be open to gain maximum ventilation, so bring a jumper if it's a bit chilly. Feel free to take your refreshments and conversation outside after the service.

## Small Groups

### Felixstowe Afternoon Group (Margaret Lines/Ingrid Fenn)

Fridays Fortnightly (restarts September))  
See opposite for more details.

### Trimley Evening Group (Andrew Marfleet)

Mondays Fortnightly - not currently operating

### Old Felixstowe Daytime Group (Steve Lineham)

Restarts September on the 1st and 3rd Wednesdays.

### Felixstowe Morning Group (Brian and Dot Salway)

Thursdays **Contact Brian and Dot.**

## Suffolk Historic Churches Trust Ride and Stride Day

This year the event will be held on **Saturday 11th September**. If you would like to cycle or walk and need sponsorship information, please see Andrew Marfleet. Andrew will be cycling again this year and you can sponsor him online via his Just Giving page.

Details are in the News and Info section on the church website if you want to do this.



## Chair-based Exercise

Chair based exercises are resuming in September. If you usually come to these we're having a **social on Wednesday 1st September at 10.30am to 11.30am**. Drinks and scones and chat.

From **September 8th**, classes will resume at the normal times i.e. Class 1 at 10.00am-11.00am and Class 2 at 11.30am-12.30pm.



## Refreshments Rota

Ruth Warner is organising the rota for refreshments after the service – please let Ruth know if you are willing to serve others in this way.

Either in person or by email to [ruth.warner@btopenworld.com](mailto:ruth.warner@btopenworld.com)



## Walton Parish Nursing Contacts

Lorna Bellamy	07969901001	Tues/Weds/Thurs 9.00 am - 4.00 pm
John Gillett	07909888703	Tues/Thurs 8.30 am - 4.30 pm