

**EBA Prayer Focus: Neatishead Baptist Church**

Neatishead Baptist Church stands in an isolated position on the edge of the village, in rural North-East Norfolk, adjacent to the Norfolk Broads. Revd Ian Bloomfield is the part-time minister, supported by several members of the congregation who form a preaching team covering most Sunday services which restarted at Easter 2021, with 15-20 attendees most weeks, almost all retirees.

**Please pray:**

- For the church leadership as they seek God's plans for the future
- For the midweek initiatives, that those outside or on the fringe of the fellowship would come along
- For the church meeting in September, to be led by regional minister, Beth Powney

**Walton Parish Nursing**

- Please continue to pray for Lorna, John and the volunteers, trustees and management team.
- Pray for Lorna and the family. Her Mum went to be with the Lord recently.
- Give thanks for the restart of Chair-Based Exercises.
- Please pray for Parish Nursing Ministries UK as they seek to expand services throughout the UK. A copy of their recent prayer letter is on the website.

**This and That**

- Pray for those who have lost loved ones and have been injured during the passage of Storm Ida in the USA
- Continue to pray for protection for the Christians in Afghanistan as the Taliban increase their grip on power.
- Pray for children we know who have restarted the new school year, particularly those who have started school or are moving to a new one.
- Pray for Josh Hunt as he starts a new school year at Felixstowe School
- Pray for Town Pastors as they restart patrolling in the next few weeks that plans will run smoothly.

**MRBC**

- Continue to pray that the repairs to the ceiling may be expedited rapidly.
- Pray for those in the fellowship who are unwell at present.
- Pray for our small groups as they restart this week that they will be blessed in their study of God's word and prayer.
- Pray for Andrew and any others doing the Ride and Stride next Saturday.

**September Birthdays**  
**8<sup>th</sup> Maurice B, 12<sup>th</sup> Marion U, 13<sup>th</sup> Steve L,**  
**20<sup>th</sup> Jayden S, 24<sup>th</sup> Sandra S, 25<sup>th</sup> David B.**

Church Contacts			
<b>Pastor</b>	Mark Reid	01394 822173	<a href="mailto:pastor@mrbcfelixstowe.org.uk">pastor@mrbcfelixstowe.org.uk</a>
<b>Church Secretary</b>	Corinne Stockdale		<a href="mailto:secretary@mrbcfelixstowe.org.uk">secretary@mrbcfelixstowe.org.uk</a>
<b>Weekly Prayer Update</b>	Steve Lineham		<a href="mailto:prayer@mrbcfelixstowe.org.uk">prayer@mrbcfelixstowe.org.uk</a>
<b>Weekly Sheet</b>	Lisa Ransom		<a href="mailto:notices@mrbcfelixstowe.org.uk">notices@mrbcfelixstowe.org.uk</a>

## Welcome to Maidstone Road Baptist Church

**Sunday 5<sup>th</sup> September 2021**  
**The Communion Service**

**Leader: Ian Battiste and Speaker: Andrew Marfleet**  
**A live service in church @ MRBC**

This week	
<b>Sunday 5<sup>th</sup> September</b>	10.30am <b>Communion Service</b> - Live at Maidstone Road <b>Speaker - Andrew Marfleet</b>
<b>Monday 6<sup>th</sup> September</b>	
<b>Tuesday 7<sup>th</sup> September</b>	7.30pm <b>Leadership Team Meeting</b>
<b>Wednesday 8<sup>th</sup> September</b>	10.30am and 11.30am <b>Chair-Based Exercise - MRBC</b>
<b>Thursday 9<sup>th</sup> September</b>	
<b>Friday 10<sup>th</sup> September</b>	
<b>Saturday 11<sup>th</sup> September</b>	<b>Suffolk Historic Churches Trust Ride and Stride Day</b>
<b>Sunday 12<sup>th</sup> September</b>	10.30am <b>Sunday Morning Service</b> - Live at Maidstone Road <b>Speaker: Mark Reid</b>



Communion

**Got a notice for the Sheet?**

**Fellowship prayer** requests go to **Steve** by **Friday morning**  
**Notices** for the weekly sheet to **Lisa R** by Friday evening.

**Church Website:**  
[\*\*mrbcfelixstowe.org.uk\*\*](http://mrbcfelixstowe.org.uk)

## UPCOMING EVENTS

### Regular Activities

Because of the constraints placed on us by the Coronavirus pandemic, the only Church activities running at present are those listed in the Weekly Sheet

#### Forward Notice.

The next Church Meeting will be on Tuesday 21<sup>st</sup> September at the Church, 7.30pm.

#### Forward Notice

### Walton Parish Nursing Celebration Service

Sunday 17<sup>th</sup> October  
@ Seaton Road Methodist Church  
3.00pm

Speaker - Revd. Nick Swanson

Refreshments available after the service

### Sunday Activities for children

We are reviewing what children's activities we could provide from September onwards, we have very few adults able to help at the moment.

If you would like to help with children's activities, either on a Sunday or perhaps as a once a month special on a different day, please let Mick Warner know.

In the meantime, colouring pages and puzzles are available for children during the service at the front of the church.

#### Walton Parish Nursing Contacts

Lorna Bellamy	07969901001	Tues/Weds/Thurs 9.00 am - 4.00 pm
John Gillett	07909888703	Tues/Thurs 8.30 am - 4.30 pm

## REGULAR STUFF

**Leadership Team** – usually monthly first Tuesday.  
Next Meeting – **Tuesday 7<sup>th</sup> September** at 7.30pm

**Church Meeting** – usually bi-monthly third Tuesday.  
Next meeting - **Tuesday 21<sup>st</sup> September** at 7.30pm. (At Church).

**Prayer Meeting** – monthly on first Saturday  
Next Meeting – **2<sup>nd</sup> October at 9.30am** (At Church)

#### Prayer Meeting

The next prayer meeting will be on **Saturday 2<sup>nd</sup> October at 9.30am** at the Church.

#### Resumption of Face to Face Services

We shall be meeting in the main church. However, with Covid still raging we are going to retain the following health measures:

#### SANITISE HANDS

We ask you to use hand sanitiser as you enter the building.

#### USE A MASK

We ask you to use a mask indoors particularly when standing, but feel free to take it off when sitting down. We are allowed to sing.

#### MAKE SPACE

Our seating is still spaced out in the church. There is still a need for distancing, so bear this in mind particularly standing around and circulating after the service.

#### MAKE THE MOST OF FRESH AIR

All the windows will be open to gain maximum ventilation, so bring a jumper if it's a bit chilly. Feel free to take your refreshments and conversation outside after the service.

### Small Groups

<b>Felixstowe Afternoon Group (Margaret Lines/Ingrid Fenn)</b>	Fridays Fortnightly (not currently meeting) See opposite for more details.
<b>Trimley Evening Group (Andrew Marfleet)</b>	Mondays Fortnightly (not currently meeting)
<b>Old Felixstowe Daytime Group (Steve Lineham)</b>	On a Summer Break Contact Steve L for details.
<b>Felixstowe Morning Group (Brian and Dot Salway)</b>	Thursdays <b>Contact Brian and Dot.</b>

### Suffolk Historic Churches Trust Ride and Stride Day

This year the event will be held on **Saturday 11th September**. If you would like to cycle or walk and need sponsorship information, please see Andrew Marfleet. Andrew will be cycling again this year and you can sponsor him online via his Just Giving page.

Details are in the News and Info section on the church website if you want to do this.



### Chair-based Exercise

Chair based exercises are resuming in September. If you usually come to these we're having a **social on Wednesday 1st September at 10.30am to 11.30am**. Drinks and scones and chat.

From **September 8th**, classes will resume at the normal times i.e. Class 1 at 10.00am-11.00am and Class 2 at 11.30am-12.30pm.



### Refreshments Rota

Ruth Warner is organising the rota for refreshments after the service – please let Ruth know if you are willing to serve others in this way.

Either in person or by email to [ruth.warner@btopenworld.com](mailto:ruth.warner@btopenworld.com)



Walton  
Parish  
Nursing  
Felixstowe

## KINTSUGI HOPE WELLBEING GROUP

We will be commencing an in-person **Kintsugi Hope Wellbeing Group**, on Thursday afternoons at Maidstone Road Baptist Church. The first session will be on Thursday 30<sup>th</sup> September starting at 2.30 pm. Each session will last between one and one and a quarter hours. The course will run for 12 weeks although there may be the occasional break for annual leave and Christmas.

Kintsugi is the Japanese art of mending things using seams of gold. This often makes the article more beautiful than it was originally. Likewise with our mental and emotional health. The group will look at areas such as anxiety, depression, self-esteem and other aspects of emotional and mental wellbeing. Find out more at [kintsugihope.com](http://kintsugihope.com)



Having run a successful group on zoom we are excited to be able to offer this in person.

Please contact [john@waltonpn.org.uk](mailto:john@waltonpn.org.uk) or on 07909888703 for further information or to let us know you would like to come. (I will be on annual leave from 1<sup>st</sup> September to 20<sup>th</sup> September but will pick up messages on my return).

John Gillett, Walton Parish Nursing.