

**EBA Prayer Focus: Norwich Central Baptist Church!**

Norwich Central Baptist Church is now fully open again after the restrictions of the last eighteen months. We are currently without a Minister and are actively in the process to find one. In opening up we have seen many of our congregation engage and return but there are still many who feel vulnerable or are not yet ready to come back and several people have left. We are also finding that many people have reviewed what they do over the lockdowns and we do not have the volunteers that we used to. We operate over two sites at St Mary's and Mousehold Hub and also have a Portuguese Speaking Church as part of our community.

- Pray for our search for a new Minister, that God would lead us to the right person.
- For the church leaders establishing the church community again after lockdown.
- New contacts being established at the new Stay & Play group at Mousehold Hub.
- Give praise that the buildings are now open again for Twelve Step Groups, Foodbank, Café Tots, Saturday Café, Stay & Play and organisations providing training and advice to help people into work.

**Walton Parish Nursing**

- Please continue to pray for Lorna, John and the volunteers, trustees and management team.
- Pray for the forthcoming Celebration Service on 17<sup>th</sup> October where the speaker will be Rev Nick Swanson.

**The Leprosy Mission (TLM)**

- Give thanks for the role TLM plays as a Christian charity in leading the fight against leprosy; a disease that results in 200,000 new cases every year.
- Pray for the work that TLM does not just in bringing treatment for the disease, but the physical and social consequences: disability, poverty, mental health issues and discrimination.
- Pray that TLM will have the resources to continue their role in diagnosing and treating leprosy, caring for disabled people, fighting stigma and avocation for change and doing pioneering research.

**MRBC**

- Give thanks that the ceiling and windows are being fixed.
- Pray for those in the fellowship who are unwell at present.



Church Contacts			
Pastor	Mark Reid	01394 822173	pastor@mrbcfelixstowe.org.uk
Church Secretary	Corinne Stockdale		secretary@mrbcfelixstowe.org.uk
Weekly Prayer Update	Steve Lineham		prayer@mrbcfelixstowe.org.uk
Weekly Sheet	Lisa Ransom		notices@mrbcfelixstowe.org.uk

Welcome to Maidstone Road Baptist Church

Sunday 3<sup>rd</sup> October 2021

**The Communion Service**

Leader: *Delyth Mayhew* and Speaker: *Mark Reid*

A live service in church @ MRBC

This week	
Sunday 3 <sup>rd</sup> October	10.30am <b>The Communion Service</b> - Live at Maidstone Road Speaker - <i>Mark Reid</i>
Monday 4 <sup>th</sup> October	
Tuesday 5 <sup>th</sup> October	7.30pm <b>Leadership Meeting</b>
Wednesday 6 <sup>th</sup> October	10.00am and 11.30am <b>Chair-Based Exercise</b> - MRBC
Thursday 7 <sup>th</sup> October	9.30am <b>Felixstowe Morning Group</b> (334 High Street, Walton)
Friday 8 <sup>th</sup> October	
Saturday 9 <sup>th</sup> October	
Sunday 9 <sup>th</sup> October	10.30am <b>The Sunday Service</b> - Live at Maidstone Road Speaker: <i>Mark Reid</i>



Today we look at the Baptism of Jesus - why was he baptised when He didn't need to be?

Got a notice for the Sheet?  
Fellowship prayer requests go to Steve by Friday morning  
Notices for the weekly sheet to Lisa R by Friday evening.

**Church Website:**  
[mrbcfelixstowe.org.uk](http://mrbcfelixstowe.org.uk)

## UPCOMING EVENTS

### Regular Activities

Because of the constraints placed on us by the Coronavirus pandemic, the only Church activities running at present are those listed in the Weekly Sheet

#### Forward Notice.

The next Church Meeting will be on Tuesday 16<sup>th</sup> November at the Church, 7.30pm.



#### Walton Parish Nursing Celebration Service



Sunday 17<sup>th</sup> October  
@ Seaton Road Methodist Church  
3.00pm  
Speaker - Revd. Nick Swanson

If anyone would like to bake a cake for the WPN Celebration service on October 17<sup>th</sup>, it will be gratefully received. Please let Debby know if you can do this. Many thanks.

#### Avril Mayhew

There will be a Thanksgiving Service for Avril's life and witness on Saturday 16<sup>th</sup> October, 2-30pm at the Church. Many thanks to those willing to help.

If you are willing to be a Welcomer that day (we need two), please see Mark.

#### October Birthdays

7<sup>th</sup> Ned R, 17<sup>th</sup> Pam L, Corrinne S, 20<sup>th</sup> Sandra C and Rhiannon Reid

#### Walton Parish Nursing Contacts

Lorna Bellamy	07969901001	Tues/Weds/Thurs 9.00 am - 4.00 pm
John Gillett	07909888703	Tues/Thurs 8.30 am - 4.30 pm

## REGULAR STUFF

**Leadership Team** – usually monthly first Tuesday.  
Next Meeting – **Tuesday 5<sup>th</sup> October** at 7.30pm

**Church Meeting** – usually bi-monthly third Tuesday.  
Next meeting - **Tuesday 16<sup>th</sup> November** at 7.30pm. (At Church).

**Prayer Meeting** – bi-monthly on first Saturday  
Next Meeting – **6<sup>th</sup> November @ 10.00am** (At Church)

Prayer are to be held bi-monthly meetings now that we are back at church.

**Next Meeting** is Saturday 6<sup>th</sup> November at 10am.

#### Felixstowe Afternoon Group

Meeting every **1<sup>st</sup> and 3<sup>rd</sup> Wednesday** of the month.  
Contact Steve Lineham for more info.

#### Resumption of Face to Face Services



If you would prefer to stand and sing without a mask, please could you sit in the balcony.

## Small Groups

<b>Felixstowe Afternoon Group (Margaret Lines/Ingrid Fenn)</b>	Fridays Fortnightly (not currently meeting) See opposite for more details.
<b>Trimley Evening Group (Andrew Marfleet)</b>	Mondays Fortnightly (not currently meeting)
<b>Old Felixstowe Daytime Group (Steve Lineham)</b>	Meeting on the <b>1<sup>st</sup> and 3<sup>rd</sup> Wednesday</b> of each month. Contact Steve L for details.
<b>Felixstowe Morning Group (Brian and Dot Salway)</b>	9.30am @ 334 High Street, Walton

### Katherine and Aries do the Walking Challenge

Katherine Kane and her dog Aries are doing the Cancer Research Fund walking challenge in October in memory of a close friend who dies of cancer earlier this year. She is going to walk two miles a day with Aries each day in October – a total of 26 miles. If you would like to sponsor her, then you can do that through her sponsor page.

<https://fundraise.cancerresearchuk.org/page/katherine-and-aries-do-the-walking-challenge>



### COVID-19 is still very much with us

#### SANITISE HANDS

We ask you to use hand sanitiser as you enter the building.

#### USE A MASK

We ask you to use a **mask** indoors particularly when standing, and circulating but feel free to take it off when sitting down. If you wish to stand and sing without a mask, we ask you to sit upstairs during the service.

#### MAKE SPACE

There is still a need for distancing, so bear this in mind and give others the space they need.

#### MAKE THE MOST OF FRESH AIR

All the windows will be open to gain maximum ventilation. Feel free to take your refreshments and conversation outside after the service.



### Chair-based Exercise

Chair based exercises resumed on **September 8th**, classes will resume at the normal times i.e. Class 1 at 10.00am-11.00am and Class 2 at 11.30am-12.30pm.

Please remember to take a **Lateral Flow Test** before the classes in order to keep everyone safe.