

EBA Prayer Focus: Nansen Road BC, Ipswich

Nestled in a council housing estate in the south east of Ipswich is Nansen Road Baptist Church. The church is home to a small but growing community of believers who are rooted in serving their neighbours and reaching out to the lost. One of their major outreach activities involves hosting a weekly foodbank, where people can come and purchase a bag of food for £2. The church complements this with the provision of hot drinks and cake, along with the chance for people to sit down and have a chat.

Although this is being paused for the summer, emergency parcels will still be provided where needed. Although the congregation are currently without a minister, they are supported by a moderator, Stu Clarke, who is a retired local minister, and a team of elders and deacons.

Prayer Points:

- That although we are small in number, God will give us the motivation and energy we need as we serve him in this area.
- That we will continue to have opportunities to show God’s love and build relationships with those in the community.
- For our prayer walk in July and for the activities that are planned for the summer, as we reach out to local families.

National & International

- Pray for wisdom for our national leaders and parliamentarians in this time of political crisis.
- Continue to pray for an end to the conflict between Ukraine and Russia
- Pray for the people of Ukraine as they grieve for their country, for loved ones lost and for the loss of their livelihoods. Pray that God will comfort them and sustain them.
- Pray for those fleeing Ukraine, that their paths will be clear. Pray that they will find warm welcomes and safe refuge wherever they go. Pray for Ukrainian families now arriving in Felixstowe.

Felixstowe Carnival

- Pray for positive responses to Fun and Faith as it wraps up its programme at this weekend’s carnival.

MRBC

- Continue to pray for Walton Parish Nursing: for our Parish Nurses, for the Volunteers, and the activities: Exercise Classes, No Labels, Fizzability. Pray for the clients too.
- Pray that we will know the Lord’s presence and guidance as we seek a new Pastor.
- Do continue to pray for those with health problems.

Walton Parish Nursing Contacts		
Lorna Bellamy	07969901001	Tues/Weds/Thurs 9.00 am - 4.00 pm
John Gillett	07909888703	Tues/Thurs 8.30 am - 4.30 pm

Welcome to Maidstone Road Baptist Church

Sunday 24th July 2022
The Sunday Morning Service
Leader – Ian Battiste and Speaker – Mark Reid

This week	
Sunday 24 th July	10.30am The Sunday Morning Service Speaker: Mark Reid At Church
Monday 25 th July	
Tuesday 26 th July	
Wednesday 27 th July	10.00am and 11.30am Chair-based Exercise @ MRBC
Thursday 28 th July	7.00pm Kintsugi Hope Wellbeing Group @ St Mary’s Church, Walton
Friday 29 th July	2.00pm Tea and Cake @ MRBC
Saturday 30 th July	
Sunday 31st July	10.30am The Sunday Morning Service Speaker: Mark Reid - At Church



Today we continue series of **Frontline Sundays** which seek to inspire us to be church in our Monday to Saturday lives when we are not gathered in church. Today we shall see how **‘Whatever we do’**. It should be done as if we are doing it for the Lord.

Church Website: mrbcfelixstowe.org.uk

Got a notice for the Sheet?
Fellowship prayer requests go to **Steve** by **Friday morning**
Notices for the weekly sheet to **Lisa R** by **Friday evening**

UPCOMING EVENTS

Regular Activities

Because of the constraints placed on us by the Coronavirus pandemic, the only Church activities running at present are those listed in the Weekly Sheet

Praise on the Prom may be happening in September. Look out for details.

Baptism

We are planning to have a Baptismal Service in the next few months. If you believe that God is calling you to be baptised, then please see Mark as soon as possible.

July Birthdays

24th Margaret L, 31st Bill H

REGULAR STUFF

Leadership Team – usually monthly first Tuesday.
Next Meeting – **Tuesday 2nd August** at 7.30pm

Church Meeting – usually bi-monthly third Tuesday.
Next meeting – **20th September** at 7.30pm at the Church.

Prayer Meeting – Next Meeting – **Saturday 6th August** at 10.00am on Zoom

Pastoral Care Team Meeting
Next meeting – **Monday 1st August** at 10.30am. Venue - MRBC

Small Groups

Felixstowe Afternoon Group (Margaret Lines/Ingrid Fenn)

Fridays Fortnightly

Trimley Evening Group (Andrew Marfleet)

Mondays Fortnightly

Old Felixstowe Daytime Group (Steve Lineham)

Meeting every 1st and 3rd **Wednesday** of the month.
Contact Steve Lineham for more info.

Felixstowe Morning Group (Brian and Dot Salway)

Please contact Brian Salway for more information.

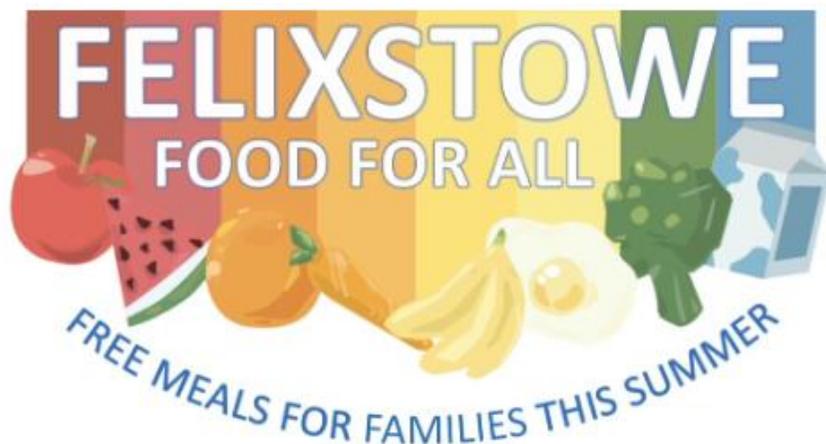


Needed – Debt Coach

If you are interested and would like to know more, please come to our open evening on Wednesday 17th August 19:30 at Maidstone Road Baptist Church, IP11 9ED.

If you can't get to the evening, please contact Steve Lineham email: steve.lineham9@me.com by 17th August to arrange a chat.

YOU'RE INVITED
TO OUR NEXT
**Kintsugi Hope
Wellbeing Group**



We are here to keep you fed throughout the summer holidays from 25th July to 31st August 2022 so come along and join us for a FREE hot or cold meal:

Hours:	8 hours per week
Qualifications:	<p>The candidate should:</p> <ul style="list-style-type: none"> show evidence of passion for the poor and a heart for evangelism be comfortable working with numbers, and able to effectively work with and understand a household budget have the ability and desire to explain the gospel in a clear, relevant and natural way
Personal:	<p>The candidate should be:</p> <ul style="list-style-type: none"> A committed Christian (Genuine Occupational Requirement applies) Enthusiastic and self-motivated Someone with good organizational and communication skills Able to work independently – own transport needed Someone with a desire to work in the community. <p>A CRB check will be required.</p>
Pay:	Subject to agreement or on voluntary basis

Church Contacts

Pastor	Mark Reid	01394 822173	pastor@mrbcfelixstowe.org.uk
Church Secretary	Corinne Stockdale		secretary@mrbcfelixstowe.org.uk
Weekly Prayer Update	Steve Lineham		prayer@mrbcfelixstowe.org.uk
Weekly Sheet	Lisa Ransom		notices@mrbcfelixstowe.org.uk



YOU'RE INVITED
TO OUR NEXT

Kintsugi Hope Wellbeing Group

Come and join us as we journey together for 9 weeks to explore how to maintain positive mental and emotional wellbeing in the midst of our busy lives.

To book a place or for more information please get in touch.

Starting Thursday 21st July 7-8.30pm

St Mary's Church, Walton

Contact: John Gillett

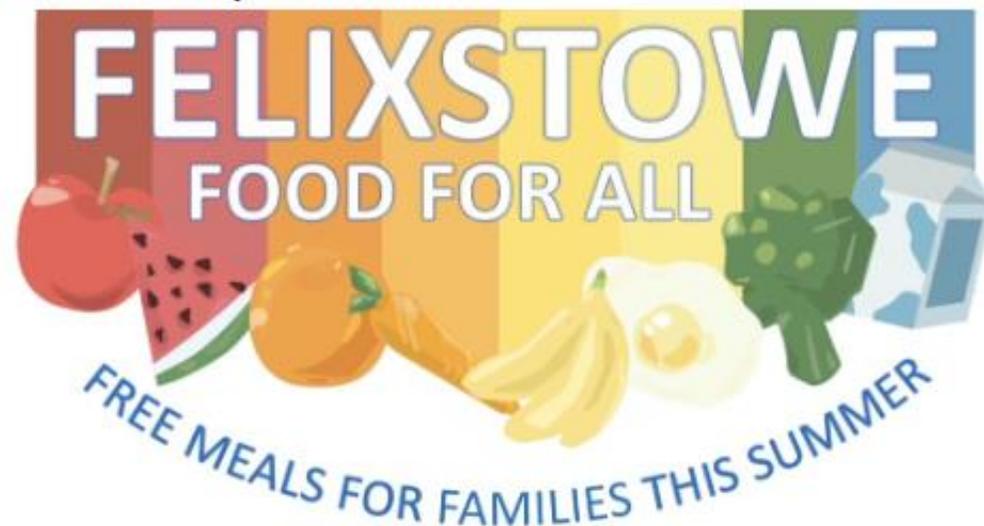
john@waltonpn.org.uk

07909 888703

'Kintsugi' is the Japanese art of repairing broken pottery with seams of gold. When brokenness is repaired, the object becomes more beautiful and unique than it was before. Instead of hiding the scars, it makes a feature of them.



This summer, free meals for families on weekday lunchtimes returns throughout the summer holidays. Details are below.



We are here to keep you fed throughout the summer holidays from 25th July to 31st August 2022 so come along and join us for a FREE hot or cold meal:

Mondays @ The Salvation Army 12pm
Cobbold Road, Felixstowe, IP11 7EL. Call 07500 058657

Tuesdays @ St Edmunds Church Hall 12pm
Langer Road, IP11 2HN. Call 07901 950768

Wednesdays @ Stennetts Community Cafe 12pm, Victoria Hall
Pavillion, Stennetts Close, IP11 0TZ. Call 07889 375004

Wednesdays @ Bethesda Baptist Church 12pm,
Cavendish Road, IP11 2AR. Call 07485058907

Thursdays @ St Philips Community Hub 12pm
Wadgate Road, IP11 2LY. Call 07394 177634

Fridays @ Cuppa 12pm
High Road, Walton, IP11 9AA. Call 01394 547160

Everyone is welcome, no questions asked.
To find out more and book your family's place please call the numbers above. Spaces are limited so call today!