



### **The Eucharisteo Challenge:**

The aim is to form a new habit to busy your mind; to practice noticing things instead of rushing past and to give thanks. So you aim to notice 100 things over the next month that you would normally have failed to see. Each time you notice something you give thanks to God for it and note it down. You cannot put the same thing twice. Here are the books discussed this morning if you wish to read them:

**One Thousand Gifts A Dare to Live Fully Right Where You Are  
by Ann Voskamp**

**One Thousand Gifts Devotional: Reflections on Finding Everyday  
Graces by Ann Voskamp**

Some scriptures to help:

2 Corinthians 2.14

Ephesians 5:2

Philippians 4

<b>1<sup>ST</sup> 100 GIFTS</b>			
1	26	51	76
2	27	52	77
3	28	53	78
4	29	54	79
5	30	55	80
6	31	56	81
7	32	57	82
8	33	58	83
9	34	59	84
10	35	60	85
11	36	61	86
12	37	62	87
13	38	63	88
14	39	64	89
15	40	65	90
16	41	66	91
17	42	67	92
18	43	68	93
19	44	69	94
20	45	70	95
21	46	71	96
22	47	72	97
23	48	73	98
24	49	74	99
25	50	75	100