

## PLEASE PRAY FOR OUR REGULAR ACTIVITIES

### **Fizzability**

is WPN's group for working age disabled people.

Meetings are usually held on 2<sup>nd</sup> Thursday of each month at Seaton Road Methodist Church.  
The next is on Thursday 14th February

### **No Labels**

For adults who experience issues with mental health and would like to meet with others in a supportive environment.

Seaton Road Methodist Church  
1-30 to 3-30pm  
Tuesdays 5th and 19th February.



Exercise Classes

Each Wednesday at MRBC  
10-00 to 11-00  
11-30 to 12-30



### **Health Drop-Ins**

*Tuesday 5th The Laydens 10-11-30*  
*Tues 12th & 26th St Philip's Pop-up Shop 11-12*  
*Thursday 28th Collimer Court 10-12*



**Collimer Court Knitting Group** meets every Wednesday afternoon.

**Craft Group at The Laydens** Tues 19th February.

**Craft from the Heart** at MRBC Weds 20th February, 2 to 4-30pm.

# Walton Parish Nursing Felixstowe

*Serving the community  
of Walton*

Maidstone Road  
Baptist Church  
Seaton Road  
Methodist Church  
St Mary's  
Parish Church (CofE)

## **Monthly Prayer Guide February 2019**

Welcome to this month's edition of the prayer diary.

Printable versions can be downloaded from the News and Info section on the MRBC church website. We'll also let you know when the sheet is available via the websites of the Walton Churches and via Facebook and Twitter.

WPN Website:  
[www.waltonpn.org.uk](http://www.waltonpn.org.uk)

WPN is also on Facebook

Walton Parish Nursing CIO is a charity registered in England & Wales No 1151953

## Pray for Walton Parish Nursing People



Please pray regularly for our staff team, Lorna, Wendy and John. Sadly, Wendy’s contract finishes at the end of March. Give thanks for her work with WPN and pray for Wendy and the clients who will miss her.

Please continue to pray for our staff as they meet clients and also liaise with other local health professionals.

Please pray for the staff and volunteers who regularly help clients on a one-to-one basis, that contact will help bring forth good health benefits and greater well-being.

- ▮ Leg care
- ▮ Health walks
- ▮ Visits to lonely people with health issues
- ▮ Lifts to hospital and surgeries
- ▮ Health consultations

Pray particularly this month for new volunteers to come forward, as some have stepped down recently – there are no lack of ways to help!

Pray too for those planning the Health Fair later this year that the event will increase the profile of WPN in the community

### Contact Us

Contact Us			
Parish Nurse	Lorna Bellamy	07969 901001	Tues, Wed and Thurs 9am - 4pm
Occupational Therapist	Wendy Hubbard	07909 888703	Weds, Thurs 8-30am - 4-30pm
Mental Health Nurse	John Gillett	07925 255223	Tues, Thurs 8-30 - 4-30pm

## WPN Management and Trustees

Walton Parish Nursing has a Management Team chaired by Debby Marfleet (who also teaches the Exercise Classes). Pray also for Lorna’s Line Manager Sandra Griffiths.

WPN has a team of Trustees chaired by Robin Pattinson and includes the clergy from the three Walton Churches and others appointed by each church for this responsible role. They oversee finances and overall running of the CIO. Please pray that WPN will continue to have the finances needed to do God’s work. Give thanks for all those who have signed up to give regularly as friends and the institutional funds who have given towards the work of WPN.

## WPN Links

Give thanks for the work of Parish Nursing Ministries UK and pray for their leadership and our regional rep Sheena Glanville.

Give thanks for the positive links that WPN has with local surgeries and other local health organisations.

### Some Dates in February

*Please pray for the following activities and meetings that are being held this month which WPN staff are involved in:  
Lorna will be going to the first T@StPs (St Philips) on Thursday 7th February and may go occasionally to give advice.  
The Walton Surgery MDT is on Wednesday 20th February at 1pm  
There may be more blood pressure surgeries at Walton Surgery in February, but these are to be confirmed.*