

PLEASE PRAY FOR OUR REGULAR ACTIVITIES

Fizzability

is WPN's group for working age disabled people.

Meetings are usually held 2nd Thursday of each month at Seaton Road Methodist Church.
The next is on Thursday 10th January

No Labels

For adults who experience issues with mental health and would like to meet with others in a supportive environment.

Seaton Road Methodist Church
1-30 to 3-30pm
Tuesdays 8th and 22nd January.



Exercise Classes
restart 9th Jan

Each Wednesday at MRBC
10-00 to 11-00
11-30 to 12-30



Health Drop-Ins

St Philip's Pop-up Shop
Tuesdays 5th and 22nd January



Collimer Court Knitting Group meets every Wednesday afternoon. On 16th Jan Sarah Nichol from St Elizabeth Hospice is coming to talk about knitted fundraising projects for the Hospice.
Craft Group at The Laydens Tues 15^h January.
Craft from the Heart at MRBC Weds 16th January, 2 to 4-30pm.

Walton Parish Nursing Felixstowe

*Serving the community
of Walton*

Maidstone Road
Baptist Church
Seaton Road
Methodist Church
St Mary's
Parish Church (CofE)

Monthly Prayer Guide January 2019

Welcome to the first WPN
Monthly Prayer Diary of 2019.

May you know God's richest
blessings this year.

Printable versions of this sheet
can be downloaded from the
Magazine on the MRBC church
website. We'll also let you know
when the sheet is available via
the websites of the Walton
Churches and via Facebook and
Twitter.

WPN Website:
www.waltonpn.org.uk

WPN is also on Facebook

Walton Parish Nursing CIO is a charity registered in
England & Wales No 1151953

Pray for Walton Parish Nursing People



Please pray regularly for our staff team, Lorna, Wendy and John. Sadly, Wendy's contract finishes at the end of March. Give thanks for her work with WPN and pray for Wendy and the clients who will miss her.

Our staff start back at work on January 2nd. Please pray that they will quickly get up to speed after Christmas and that the Lord will guide them in all aspects of their work.

Please pray for the staff and volunteers who regularly help clients on a one-to-one basis, that contact will help bring forth good health benefits and greater well-being.

- | Leg care
- | Health walks
- | Visits to lonely people with health issues
- | Lifts to hospital and surgeries
- | Health consultations

Continue to pray for new volunteers to come forward, as some have stepped down recently – there are no lack of ways to help!

Contact Us

Contact Us			
Parish Nurse	Lorna Bellamy	07969 901001	Tues, Wed and Thurs 9am - 4pm
Occupational Therapist	Wendy Hubbard	07909 888703	Tues, Thurs 8-30 - 4-30pm
Mental Health Nurse	John Gillett	07925 255223	Weds, Thurs 8-30am - 4-30pm

WPN Management and Trustees

Walton Parish Nursing has a Management Team chaired by Debby Marfleet (who also teaches the Exercise Classes). Pray for the next Management Team Meeting on Thursday 17th January and also for Lorna's Line Manager Sandra Griffiths.

WPN has a team of Trustees chaired by Robin Pattinson and includes the clergy from the three Walton Churches and others appointed by each church for this responsible role. They oversee finances and overall running of the CIO. Please pray that WPN will continue to have the finances needed to do God's work. Give thanks for all those who have signed up to give regularly as friends and the institutional funds who have given towards the work of WPN.

WPN Links

Give thanks for the work of Parish Nursing Ministries UK and pray for their leadership and our regional rep Sheena Glanville.

Give thanks for the positive links that WPN has with local surgeries and other local health organisations.

More Dates in January

Please pray for the following activities and meetings that are being held this month which WPN staff are involved in:

Blood Pressure Clinics at Walton Surgery Wednesdays 9th and 23rd, 2 - 4 pm

Wednesday 16th Walton Surgery MDT meeting at 1pm