

## PLEASE PRAY FOR OUR REGULAR ACTIVITIES

### Fizzability

is WPN's group for working age disabled people.

Meetings are usually held on 2<sup>nd</sup> Thursday of each month at Seaton Road Methodist Church. The next is on Thursday 9th May which will be a tea at the Brook Hotel.

### No Labels

For adults who experience issues with mental health and would like to meet with others in a supportive environment.

Seaton Road Methodist Church  
1-30 to 3-30pm  
Tuesdays 14th and 28th May.



Exercise Classes

Each Wednesday at MRBC  
10-00 to 11-00 and 11-30 to 12-30



### Health Drop-Ins

Tuesday 7th The Laydens 10-11-30  
Drop-In at Collimer Court 9th May 10-12  
Tues 14th & 28th St Philip's Pop-up Shop 11-12



**Collimer Court Craft** Wednesdays, 2-3pm  
**Craft Group at The Laydens** Tuesdays 7th & 21st May.

**Craft from the Heart** at MRBC Weds  
15th May, 2 to 4-30pm.

## Walton Parish Nursing Felixstowe

*Serving the community  
of Walton*

Maidstone Road  
Baptist Church  
Seaton Road  
Methodist Church  
St Mary's  
Parish Church (CofE)

## Monthly Prayer Guide May 2019

Printable versions can be downloaded from the News and Info section on the MRBC church website. We'll also let you know when the sheet is available via the websites of the Walton Churches and via Facebook and Twitter.

You are invited to.....

**Health Fair**  
**Saturday 11th May 2019**  
**10.00am to 3.00pm**  
**Admission free**

Health related organisations will be displaying the services they provide for the community, giving advice and information and answering questions.

**Refreshments**

WPN Website:  
[www.waltonpn.org.uk](http://www.waltonpn.org.uk)

WPN is also on Facebook

Walton Parish Nursing CIO is a charity registered in

## Pray for Walton Parish Nursing People

Please continue to pray for our staff , Lorna and John as they meet clients and also liaise with other local health professionals. Pray that they will adjust to the change in workload as Wendy has left.

Lorna and John will be talking about parish nursing on Felixstowe Radio on Tuesday 30th April at 12-15pm and promoting the Health Fair. Pray that this will have a positive response and help to raise the profile of WPN in the community.

HEALTH FAIR Saturday 11th May 10am to 3pm at Felixstowe Trades and Labour Club. Pray that all the arrangements for this will run smoothly and good relationships will be built up between WPN and other organisations, and that many people from the community will come and look around.

Pray for John as he runs a half marathon for WPN in Milton Keynes on Monday 6th May.

On the subject of sponsored activities, do pray for Lorna too as she walks 18 miles from Bury St Edmunds to Clare in aid of St Nicholas Hospice on 12th May.

Please pray for the staff and volunteers who regularly help clients on a one-to-one basis, that contact will help bring forth good health benefits and greater well-being.

- Leg care
- Health walks
- Visits to lonely people with health issues
- Lifts to hospital and surgeries
- Health consultations

WPN is on the lookout for new volunteers. Please pray that the public activities in May will inspire new volunteers to come forward. We are planning a video to show what volunteering for WPN is all about.

## WPN Management and Trustees

Walton Parish Nursing has a Management Team chaired by Debby Marfleet (who also teaches the Exercise Classes). Pray also for Lorna's Line Manager Sandra Griffiths who is standing down, and for the need to find a replacement.

WPN has a team of Trustees chaired by Robin Pattinson and includes the clergy from the three Walton Churches and others appointed by each church for this responsible role. They oversee finances and overall running of the CIO. Please pray that WPN will continue to have the finances needed to do God's work. Give thanks for all those who have signed up to give regularly as friends and the institutional funds who have given towards the work of WPN.

## WPN Links

Give thanks for the work of Parish Nursing Ministries UK and pray for their leadership and our regional rep Sheena Glanville.

Give thanks for the positive links that WPN has with local surgeries and other local health organisations.

Parish Nurse	Lorna Bellamy	07969 901001	Tues, Wed and Thurs 9am - 4pm
Mental Health Nurse	John Gillett	07925 255223	Tues, Thurs 8-30 - 4-30pm

## Some more stuff

*Please pray for Lorna as she meets with the Walton Surgery Multidisciplinary Team on Tuesday 22nd May.*